

The Journey Journal



March 2025 Edition



Feel Good True Stories

The Babysitter Who Became Much More

Would you donate an organ to someone you barely knew who desperately needed it? One young babysitter did, without a second thought, to save the life of a toddler she had known for only three weeks. Kiersten Miles began babysitting Talia over the summer of 2016 when she learned that the baby would need a liver transplant. Kiersten wanted to be her donor, no questions asked. After going through rounds of tests to make sure she was a match, Kiersten learned she could be a donor for Talia. In January 2017, both girls underwent surgery and made full recoveries. Talia's parents believe Kiersten was placed in their lives at the perfect time to save their little girl, and have since told Kiersten, "I could tell you thank you for the rest of my life every single day, and it wouldn't be enough."

from: <https://www.rd.com/list/heartwarming-true-stories/>



Three Smiles By Joseph J. Mazzella



You see some amazing, beautiful, and wonderful things in this life, if you keep your eyes open. I saw one just the other day when I was shopping at the local grocery store to pick up a few odds and ends for my home. I had just turned the corner into an aisle with my shopping cart when I almost bumped into an elderly lady pushing hers. She was eighty years old if she was a day. What amazed me, though, was inside her cart was a baby in a car seat who couldn't have been more than a year old herself. I started talking with the lady and found out that she was baby sitting not her granddaughter but her great-granddaughter. She told of how much joy the little angel was giving her days in these golden years of her life. I could see too the 4 generations of love flowing between them. Just before she left the great-grandmother reached down and tickled her baby. The baby girl laughed so joyfully that we both laughed as well.

I looked at them and saw the two smiles on their faces. The baby's was toothless and shone from her chubby, cherub face. The old lady's was wrapped in deep wrinkles from a lifetime of living. Yet, they were both so lovely. And as I walked down the aisle I passed a mirrored display and realized that my own face was smiling too.

H. Jackson Brown wrote: "I've never seen a smiling face that was not beautiful." I have to say that I agree with him too. Smiles have a beauty and a power all their own. They are givers of love. They are conveyers of kindness. They are sharers of joy. They come naturally and easily. They are priceless yet cost us nothing. They connect us with ourselves and with each other.

From: <https://www.sunnyskyz.com/feel-good-stories>

Pray With Us

The Light in the Darkness



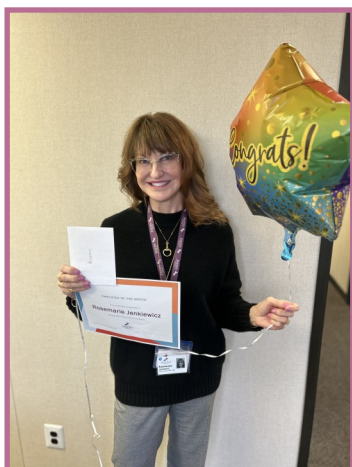
People who have come to know the joy of God do not deny the darkness, but they choose not to live in it. They claim that the light that shines in the darkness can be trusted more than the darkness itself and that a little bit of light can dispel a lot of darkness. They point each other to flashes of light here and there, and remind each other that they reveal the hidden but real presence of God. They discover that there are people who heal each other's wounds, forgive each other's offenses, share their possessions, foster the spirit of community, celebrate the gifts they have received, and live in constant anticipation of the full manifestation of God's glory.

- *Henri Nouwen*

Peace,
Chaplin Jim



Congrats to Our Employee of the Month



Rosemarie Jankewicz is Journey South Employee of the Month for January!

Rosemarie brings a sparkle to her work as clinical liaison. She is always out in the community providing education, bringing awareness and sharing her creative twist when working with patients and families.



VIRTUAL BEREAVEMENT SUPPORT GROUP



"We leave our human body behind so we can soar like a dragonfly, free of any human pain or suffering."

— Gayle Shaw Cramer,
The Secret of the Dragonfly

**Has someone you loved or cared about died?
Do you sometimes feel alone with your grief?
Would it help to talk with others also experiencing loss?**

**Virtual Group meets monthly.
1st Tuesday of each month at 9:30 am**

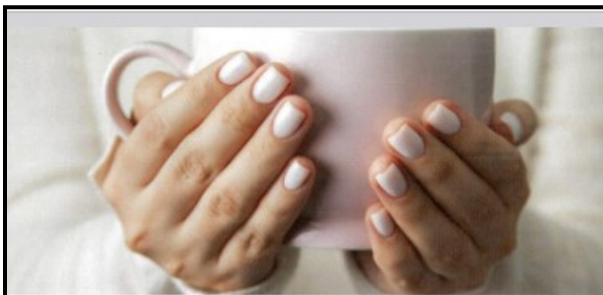
Program is FREE. Pre-registration is required.

Join us as we support each other. This virtual, informal social and support group provides a welcoming and confidential environment for you to share with others in a similar situation. Learn more about the grief process from Journey Hospice's chaplain and bereavement counselor, Carol Hutchison, and social worker, Madeline Martinez. Connect by phone or by zoom conference call.



To register, contact Beth Gebhart at (609) 380-4302 or at bgebhart@lsmnj.org.

6712 Washington Ave, Suite 302, Egg Harbor Twp, NJ 08234
www.journeyhospicenj.org



JOIN US AT
**THE SHORES
MEMORY CAFÉ**

A dementia friendly space for you and your loved one to experience creativity and social connections. Participants can engage in music, gentle movement, art and more!

DATES: 2/25, 3/25, 4/29, 5/20

TIME: 10:30am - 12:00pm

**LOCATION: Ocean City Free Public Library
1735 Simpson Ave., Ocean City, NJ 08226**

*RSVP REQUIRED to Michele at
609-399-8505 or MErcolani@umcommunities.org*





H G R E E N R C G S Q N L H O L I D A Y
 E L D D I F F Y Y A H C L O V E R V N B
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 F Z D N A L E R I X S C O E O P A L O U
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WORD LIST

CABBAGE
 CELEBRATE
 CELTIC
 CLOVER
 COINS
 DANCE
 FIDDLE
 FOLKLORE

GOLD
 GREEN
 HARP
 HOLIDAY
 HORSESHOE
 IRELAND
 IRISH FLAG
 LEPRECHAUN

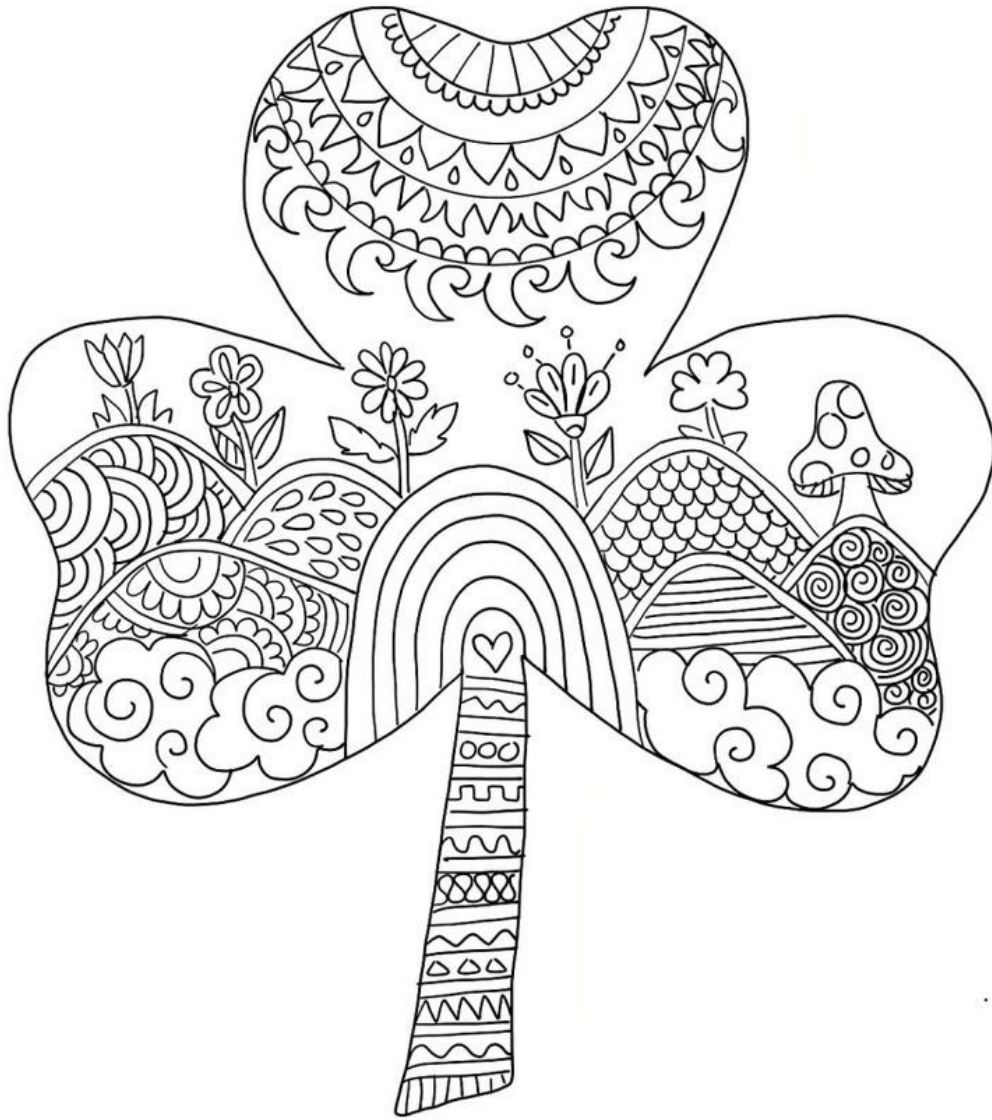
LIMERICK
 LUCK
 MARCH
 MISCHIEF
 PARADE
 PRAYER
 RAINBOW

SAINT PATRICK
 SHAMROCK
 SNAKE
 SODA BREAD
 TRADITION
 TREASURE
 TRINITY

(Answers on page 5)



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MARCH Crossword

ACROSS

- | | |
|--|-------------------------------------|
| 1) Native of Novi Sad | 42) Feature of some modern stadiums |
| 5) Sassy, like a shampoo brand? | 43) Model, originally |
| 9) Riding costume | 44) Sphere |
| 14) Cafe ___ (black coffee) | 45) Cousin of an ostrich |
| 15) Gray-matter creation | 46) One submitting a 1040 |
| 16) Freezing home | 48) Anything of material value |
| 17) Birdbath organism | 52) A Rockefeller |
| 18) Godmother, sometimes | 54) Have something |
| 19) Senator who made the rounds? | 56) In the style of, on menus |
| 20) Bird-brained baseball instructors? | 57) Bird-brained posterior? |
| 23) Snacked on | 61) Practical |
| 24) Army bunk | 63) Java can be found in it |
| 25) Initial start | 64) Ready to be picked |
| 28) Pain spasm | 65) Strongboxes |
| 30) It's canceled when it's accepted | 66) Talese and Goldin |
| 33) It puts you off-course | 67) Aphrodite's husband |
| 34) Chat | 68) Pharaoh's land |
| 36) Keg contents, sometimes | 69) Buttocks, in slang |
| 37) Like average grades | 70) Nag, e.g. |
| 38) Result of a bird-brained dissection? | |

DOWN

- 1) Speak irritably to
- 2) Stone Age tool
- 3) Square-___ (sailing ship)
- 4) Highlands hill
- 5) Key instrument?
- 6) Chemical extractions
- 7) You may get a hand here
- 8) "Bye now!"
- 9) Loftily situated
- 10) Shoelace end
- 11) Response to a sneeze
- 12) A positively charged atom
- 13) Amount of bricks?
- 21) Cousteau's bailiwick
- 22) Certain facial blemish
- 26) Opposite of west
- 27) "___ can play that game"
- 29) Jack's giant, for one
- 31) One of the five senses
- 32) Kentucky boxing legend
- 35) It has two pieces on the beach
- 37) Cries openly
- 38) Scholarly reference book
- 39) Disperse oil in water
- 40) Nada
- 41) One of the Muses
- 42) Bear's lair
- 46) Woodlands
- 47) Pine products
- 49) Comedic takeoff
- 50) Emulates Romeo and Juliet
- 51) Least wild
- 53) Drag behind
- 55) Make ashamed
- 58) "The Metaphysics of Morals" author
- 59) Jacob's twin brother, in the Bible
- 60) Duffer's sandy challenge
- 61) Fair ___ (copyright issue)
- 62) Clothing attachment

BIRD BRAIN

By Carla Azure

